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Monologue

Dr. Wallach starts the show today discussing weight gain and obesity. Contending that MDs don't want to find the cause because too much money is being made off weight loss strategies such as gastric bypass, stomach banding, fitness centers etc. Doc asserts that the government and doctors have it all wrong. Stating that obesity if not a caused by excess but rather a deficiency of minerals in the diet.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study on vitamin B3. The story outlines that MRSA (methicillin-resistant Staphylococcus aureus) has now surpassed HIV in terms of mortality. Researchers in the study found that vitamin B3 administered at clinical doses boosted the ability of immune cells to kill bacteria 1000 times in just a few hours.

Callers

- Linda has two questions the first concerns her own trigger finger. Second she asks Doc what is causing her daughters hair to fall out.
- Sharon is a type 2 diabetic with failing kidneys calling with follow-up questions from a previous call.
- Carrie's sister-in-law is over weight and wanting to get pregnant. She wants to know if she can safely lose weight while pregnant.
- Christine's husband recently had a CT scan that indicates high levels of calcium in his blood.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.